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Is there room for LOVE in leadership?

March, 2016



Many of us have been taught that leaders are strong, resilient, unbending. We sometimes put them on a pedestal--those unbreaking, emotionless figureheads. But, should it really be this way?

I argue that **there IS room for love and emotion in leadership**. In my book, <u>The Ten Minute Leadership</u> <u>Challenge</u>, I discuss balancing your head with your heart. You don't have to sacrifice one for the other.

Let your heart guide you--be open, honest, transparent, compassionate--but use your head when it comes to logistical or practical decision-making.

You might ask: "But won't you be pegged as a pushover or a softie?"

Not usually. We're in a different era of leadership now. The new workforce expects leaders who are **relateable**, **easy to talk to**, **and caring**. However, love leadership is by no means a new phenomenon. Look at Gandhi, MLK, Mother Teresa, and Nelson Mandela--all great leaders, all profoundly compassionate.

How can YOU practice love leadership today? Scroll down for suggestions and start using your heart! Sincerely,



Use Your Heart

Start practicing love leadership today with these everyday activities.

- Go beyond small talk--engage a co-worker in a meaningful conversation today
- Just LISTEN. Take the time to absorb what others are saying, rather than focusing on what you'll say next
- Practice empathy. Before rushing to judge others or berate their actions, think about where they're coming from
- Stop the gossip. Next time others engage you in gossip (or you catch yourself talking about another behind their back), change the subject. Gossip has a way of coming back around.
- Drop a note! Deliver handwritten thank you notes to acknowledge your co-workers' successes (or to just let them know you appreciate their hard work). Doesn't it feel good to get a handwritten note?

Coming Up...

Insights Deeper Discovery Workshops!

Are you interested in learning more about legacy? Or self-exploration, team dynamics, leadership, and more? Details on the Intentional Discovery website. If you're interested, please Register Today!

Upcoming Workshops:

April 8th
June 1st
October 13th



From the UXL Blog...



Women, Step Into
Your Leadership
It is absolutely possible to
balance your life and career.
Here's how I did it...

READ ON!



Forgiveness Helps Us GROW "Holding on to anger is like grasping a hot coal with the intent of throwing it at someone else. You are the one who gets

burned." -Buddha

READ ON!



Go Ahead! Apply for a Position That Doesn't Exist

3 Steps to follow when you're applying for a position that isn't yet open. Go for it!

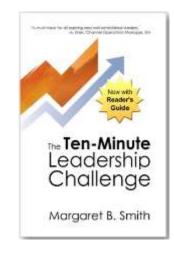
READ ON!



UXL's mission is to create leaders, promote positive change, and enable businesses and individuals to transform their dreams into reality. **Margaret Smith** is a career coach, speaker, author, licensed <u>Insights Discovery practitioner</u>, and adjunct professor at St. Kate's University with 27 yrs experience as a Senior Leader for 3M. <u>Learn more about Margaret and UXL</u>.

The Ten-Minute Leadership Challenge is an instructive and interactive book meant to guide and motivate you to achieve your full leadership potential. Let this book be your constant companion as you learn useful tips and gain valuable insights to help you develop into a savvy business professional and a confident leader. Start your journey to success today. Do you have ten minutes?

Click for more information on the Ten-Minute Leadership Challenge





Margaret is the co-founder of the TAG teamhttp://www.tag-mn.com/, a group of accomplished coaches that guide individuals and organizations to reach their peak. She runs TAG with acclaimed coach Karen Kodzik.



Margaret is a licensed Insights Deeper Discovery practitioner. She guides individuals undergoing a transition through her program, Intentional Discovery, co-founded with Dr. Jean Davidson (Davidson Consulting and Coaching).

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